



Pilot Parenting Program Focuses on Mother and Child Attachment

There is a lot of life in our repurposed Parenting Room here at Youville Centre. Each Friday morning a small group of students are participating in a pilot parenting program with their children. **Me, My Baby, Our World** is a parent and child attachment program that focuses on infant mental health and parental bonding. In this pilot version of the program, our students have been enjoying music, play and discussion regarding parenting issues, all while learning about healthy attachment with their child. Each session ends with a scrapbooking activity in which our students can express their creativity and see a visual representation of what they are learning in the program. In collaboration with **Rosalie Hall**, Toronto, Youville Centre staff has been trained to deliver this innovative, evidence-based, hands-on program to our students. Assessment data, student enthusiasm and staff observations already attest to the success of this quality program with our students. We are delighted to have recently learned that **United Way Ottawa** responded positively to our request to provide financial support for this program for all Youville moms for the next three years.



Upcoming Events

Youville Centre Graduation

June 7, 2012

Kinsella Hall, Youville Centre

25th Anniversary Celebration

October 2012

Youville Centre



Marlene Shepherd and Leanne Cusack

Special thanks to Marlene Shepherd, our loyal patron, for offering to Youville Centre 15% of all sales from the grand opening event of her new flagship store at the Ottawa Trainyards.



Did you Know That?

Our babies go through **825** diapers and **1,650** wipes each week? Please consider helping us out by purchasing a package of Size 4, 5 or 6 diapers and a box of unscented wipes next time you're out shopping – our babies will thank you! All donations can be dropped off at Youville Centre at 150 Mann Avenue between 8:30 a.m. and 4:00 p.m. Monday to Friday.



We Couldn't Have Done it Without You

The generous support of our donor community makes a variety of programs and services possible at Youville Centre. Thank you to the following individuals and organizations for contributing to our work with two generations:

- Soeurs de la Charité d'Ottawa
- United Way Ottawa
- Scotiabank
- Service Canada
- Family of Rita Cox
- Living Tapestries
- Lowe's Home Improvement Centres
- Mom Café Network
- Candace Derickx and friends



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Newsletter Design by Volunteer Claudia Siefer

Young Parent Employment Program Continues

We are pleased to announce that thanks to continued funding from **Service Canada**, the **Young Parent Employment Program (YPEP)** that was created

with **Youth Services Bureau (YSB)** last year is back again at Youville Centre. YSB Employment Counsellors are working hard to motivate and instruct this new group of both male and female parenting students, ages 15 to 30, to prepare for the world of work and enjoy successful, engaging work placements. "Sandra (Burelli) and I are so excited to be able to help another group of young parents. This program is a wonderful opportunity for these young men and women to transition into the work world with the tools they need to succeed and sustain meaningful employment", said Fatuma Ahmed, Employment Counsellor, Youth Services Bureau. "Youville Centre is very proud to be partnering again with Youth Services Bureau in the delivery of this unique program. It is wonderful to be able to provide yet another avenue to Youville Centre Alumnae to experience success in the world of work", said Cindy Simpson, Executive Director, Youville Centre.



YPEP Students and Staff

To receive this newsletter in electronic format, please contact communications@youvillecentre.org



Youville Centre



613-231-5150 tel/fax
www.youvillecentre.org
150 Mann Avenue
Ottawa, ON K1N 8P4

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An innovative centre that motivates, educates & nurtures young parents and their children.

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We also accept donations online at www.youvillecentre.org