



Youville Centre News



Spring 2013

An innovative centre that motivates, educates and nurtures young mothers and their children to become self-sufficient, contributing members of society.

Extreme Makeover Kindness Week Edition at Youville Centre

During the week of February 15th to 22nd, **The Caring & Sharing Exchange** hosted Kindness Week in Ottawa. Kindness Week is a program designed to promote acts of kindness throughout the city – from buying a coffee for the person behind you in line, to doing volunteer work, to thanking someone in a significant way. For the third year in a row, local Interior Designer **Sonya Kinkade** and her husband **Daryl Kinkade** (D.E. Kinkade Konstruction) decided to show their kindness in the form of an **Extreme Makeover: Kindness Week Edition**.

Sonya rallied her colleagues, otherwise known as the **TBBs**, a group of independent Interior Designers who collaborate on a lifestyle blog about wine, food, design, shopping and travel. These philanthropic women also work together to give back to their community. This year Youville Centre's young moms were the lucky recipients of Sonya and her team's kindness. After gathering feedback from the young moms themselves, the need for a renovated student

lounge was identified. A lounge would provide a place for our students to relax, socialize with each other and get a bit of me time in their day.

Sonya, Daryl and the TBBs did an unbelievable job in transforming the small space we had available for the student lounge. Staff and students alike were overwhelmed by the completed room! Many thanks to Sonya, the TBBs, Daryl, and all of the sponsors (listed below) who donated furniture, electronics and other design elements to help make this extreme makeover a huge success. Special thanks to the **Caring & Sharing Exchange** and to the Chair of Kindness Week Ottawa, **Rabbi Reuven Bulka**.



Photo Credits: Danielle Lynn Photography



Design Team L to R: Daryl Kinkade, Mary Anne Van Gaal, Nicole Duguay, Sonya Kinkade, Donna Hargrove, Lisa Goulet and Maureen Coates.

Upcoming Events

Youville Centre Graduation

Friday, June 21, 2013
Kinsella Hall, Youville Centre



Shepherd's Ooh 'n Ahh Fashion Show and Auction

Join us at the Hampton Inn Conference Centre on Tuesday, October 22, 2013 at 5:30 PM

Tickets on Sale now!

Call 613- 231-5150 Ext. 128 to purchase a ticket or a table or visit our website at www.youvillecentre.org to use PayPal.

We will be celebrating 35 years of Shepherd's Fashions in Ottawa as we raise funds to support the young mothers and children of Youville Centre.



Thank you to all who donated to our extreme makeover:

- D.E. Kinkade Konstruction LTD ~ The TBBs
- Danielle Lynn Photography ~ Brent Kelly Painting
- Barwood Flooring ~ IKEA Canada
- La-Z-Boy Furniture Galleries ~ The Upper Room
- Kravet Fabrics ~ Alexanian Carpet & Flooring
- Tamarack Developments ~ Car-O-Practor
- Spotlight Hair Studio & Spa ~ Future Shop
- Stylish Fireplaces by Huntington Lodge
- Climate Works ~ Faye Fortune Drapery
- European Glass & Paint ~ C & M Textiles
- Infinity Bookkeeping & Accounting ~ Everyday Grace



Photo Credit: Steve Bezanson

Youville Centre Alumna Comes Full Circle

Youville Centre is proud to welcome **Clarissa Arthur**, our new **Child Development Program Coordinator**. Clarissa will continue the great leadership and work ethic provided by our previous Child Development Program Coordinator, **Cathy Romano-Franzese**, who served Youville's young mothers and children for 23 years. Clarissa is highly qualified for the position, in addition, one unique fact makes her especially suited to her role leading the Child Development Program here at Youville Centre – *she is a graduate of Youville Centre*.

Clarissa hails from Sydney, Cape Breton Island, Nova Scotia, but she has lived in Ottawa for many years. She first came to Youville Centre in the fall of 1995 when her son Dyon was three and a half months old, and she graduated in June of 1996. After leaving Youville Centre, Clarissa first studied Human and Community Studies and then moved on to earn her honours diploma in the Child and Youth Worker Program at Algonquin College. In 2001 she returned to Algonquin to complete the Intensive Early Childhood Education Program. Since completing her education, Clarissa has held the following positions in the childcare sector before coming back to Youville: Educational Assistant, Special Needs Counsellor, Speech and Language Community Worker, Early Literacy Specialist, Parent Child Educator, Small Business Owner and Home Child Care Consultant.

“I truly believe that my time at Youville provided me with a great opportunity to be successful in my future as a young mom.”

Clarissa still keeps in touch with many of her former classmates from Youville Centre, and she holds special memories of the staff and students from her time here. In her own words, “I truly believe that my time at Youville provided me with a great opportunity to be successful in my future as a young mom. We were like family!”

Regarding future goals for her time here at Youville as our Child Development Program Coordinator, Clarissa says, “I have the philosophy that it takes a village to raise a child; I truly feel that we're all in this together. I believe in the Child Development Program at Youville; in the staff and their abilities. Right now, there is much growth and development in the Early Childhood field and I know the work and accomplishments of the staff are demonstrated on a daily basis in the Child Development Program. I want to openly support their accomplishments and raise awareness of the hard work Early Childhood Educators do. I hope that I can be a source of support and information to the students as the staff at Youville once were to me, so many years ago.”

When asked how she felt about coming full circle from student to staff at Youville Centre, Clarissa had this to say: “I am honoured to be given the opportunity to be at Youville Centre in this role. It has come just at the right time in my professional career and I have had so many well wishes of support and success from friends, family and community members who realize that this is more than a “new job” for me. Ironically, the previous Coordinator was my son's educator when I was a student at Youville -- it's funny how things come full circle. I can look back now and recognize that I was where the Youville students are now. I know what it's like to be a young mom. It is important for them to have someone to look up to; someone they can look at and see that hard work equals success. The most important thing that I want the girls to know is that I am still working hard; by no means am I on “easy street”; but I've come to realize that “hard work” is simply a part of life. Working hard toward a goal of success feels so much better than having opportunities handed to you; it means knowing that you are here because you deserve to be!”

Clarissa's son Dyon is turning 18 this month. He loves basketball, has an easygoing spirit and is interested in becoming a Mechanic. Her daughter Tyannah is 13, active in gymnastics, loves animals and hopes to become a Veterinarian.

Philanthropic Females Support Youville's Young Moms and Children



Alison Harle (left)

Alison Harle (daughter of **Dr. Tom Harle**, who spearheaded our volunteer-run portable dental clinic) raised \$2,055 to support of Youville Centre's Portable Dental Clinic by participating in the **Disney Princess Run** which was held on Sunday, February 24th, 2013 at Epcot Center, Walt Disney World in Orlando Florida. Alison demonstrated true generosity, strength and perseverance as she completed the half marathon successfully. Thank you, Alison!



L to R: Event Organizer Elaine Larsen with event supporters Anca Gurzu and Stefan Neagoe.

Elaine Larsen organized a special "Toast to the Ladies" event complete with live music from local bands **The Love Machine** and **Peas and Carrots**, as well as a silent auction, door prizes and food and drink. Elaine was successful in raising \$2,500 to support the innovative programs and services at Youville Centre! Special thanks to the sponsors of this event, **Kichissippi Beer Co.** and **Herdmag**. Thank you Elaine!

Third Party Fundraisers:

If you are interested in hosting a third party fundraiser like Elaine or Alison did, please feel free to contact our Communications & Community Development Officer at communications@youvillecentre.org or by calling (613) 231-5150 Ext. 128. Examples of third party fundraisers are: golf tournaments, babyless baby showers, donation-based birthday parties, and many more fun events and initiatives!

Mother's Day at Youville Centre

We are so grateful to each of you who honoured your mother by helping the young moms of Youville Centre last spring. With your help we raised **\$3,500!**

This year we have decided to continue this successful campaign and offer you a chance to honour your mom in support of the young mothers of Youville Centre yet again. You will receive a postcard along with your newsletter in the mail or by email with more information.

Please share with us your mother's name so we can add it to our wall of tulips yet again as a show of support.



Best Wishes, Sister Betty Ann!

Youville Centre's founder, **Sister Betty Ann Kinsella** is moving to the Grey Sisters' Shalom Residence in Pembroke. She recently stopped by to see our newly renovated student lounge and to reconnect with Clarissa, our newest employee who is also a Youville Alumna and was a student when Sister was the active Executive Director (see story on Page 2). Best wishes in your new home, Sister!



To Donate:

Yes, I/We wish to support The Youville Centre, an innovative centre that motivates, educates and nurtures young parents and their children.

Name _____

Address _____

Telephone _____

I/We wish to contribute \$ _____

per month, commencing _____.

I/We wish to contribute \$ _____

at this time.

Payment to be made by:

____Cheque ____Visa ____MC ____Amex

Card# _____

Expiry (mm/yy) _____

Signature _____

We also accept donations online
at www.youvillecentre.org

Making Christmas Magical for Our Young Families

Thanks to the following people and organizations for making Christmas special for our Moms and their children. We are extremely grateful for the generosity that was shown in the form of: financial donations, Christmas gifts, toys, hygiene products, bus tickets, gift cards, winter clothing, food, hand-made items and diapers.



Algonquin College Police Foundations Program-Staff and Students
Barrhaven Childcare Centre ~ Margaret Bloodworth
Dwayne Brown Studio ~ Christine Buchan
Dorothy Burke ~ Canadian Paediatric Society
Chapel Hill Catholic School ~ Tammy Charette and Family
The Christmas Cheer Foundation
City of Ottawa Lemieux Island Water Purification Plant
Correctional Service Canada-Young Professionals Network
Diane and Barbara Crook and friends ~ Alfred Daniel
Heidi Desrochers ~ Mary Durocher
John Egli ~ Elmdale Public School
GMSPC ~ Governor's Walk Retirement Residence
Immaculate Heart of Mary Catholic Women's League
The Inglis and Mahaffy Families ~ Andre Jacques ~ Christine Labaty
Hildegard Lalonde, Helen Charron and Linda Fuller
Sylvie Legros ~ S.M. Lena
Dave & Daisy Lowdon ~ Manotick Public School
Brienne Marvin and Family ~ Aurelia Mauro
McCay Duff LLP ~ McMillan Law Firm
Rachel Miller-Selzer ~ Dr. Ian M. Milne Dentistry
Laura Muldoon ~ Osler, Hoskin & Harcourt LLP
Parent Resource Centre ~ Linda Paul
Diana Pepall ~ Anne Prosser
The Rehabilitation Centre, Ward A of the Ottawa Hospital
Rotary Club of Ottawa Bytown ~ David Salisbury
Sarah Sawyer ~ Shoppers Drug Mart-Fallingbrook Centre
Society of Obstetricians & Gynecologists of Canada
St. Clare Catholic School ~ St. Katari Tekakwitha School
St. Maurice Church ~ St. Patrick's Catholic Women's League
St. Paul's Eastern United Church
St. Philip's and St. Clare Parishes-Richmond ~ St. Theresa School
TD Bank ~ TELUS
Laurie Tucker ~ Veteran's Affairs Canada
Megan Wallace ~ WIND Mobile



Youville Centre



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www.youvillecentre.org

Charitable Registration
#11884 8456 RR 0001

Hours: Monday - Friday
8:30am - 4:30pm

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