



Youville Centre

Help Us Grow

Celebrate Mother's Day all month long!

**Your donation will help Youville Centre's
young mothers and babies bloom!**

**Please consider honouring your mother
with this special gift.**



To Donate:

Visit www.youvillecentre.org/helpusgrow
to donate online directly to Youville Centre!

Visit our blog at www.youvillecentre.org/blog for weekly
stories throughout the month of May about our young moms
and their babies!

Share **#HelpYouvilleGrow** on your favourite social networks!

Follow us!

Facebook: Youville Centre -- Ottawa

Twitter: @YouvilleCentre

5 Ways to Give:

...and support Ottawa businesses!

Ottawa Fit

Charity Spin Class

Friday, May 8, 6-8 pm

1 and 2 hour timeslots available.

Minimum Donation of \$10 per hour/per bike
goes to Youville Centre!

www.ottawafit.com



Whole Foods Market Lansdowne

For every Alaffia Good Soap

Trio Pack sold between

May 8-10, \$1 goes to Youville Centre!

Visit the Whole Body Department.

www.wholefoodsmarket.com/stores/lansdownepark



Shepherd's Fashions

Shop at all 3 locations

on Mother's Day (May 10) and a percentage
of sales will go to Youville Centre!

www.shepherdsfashions.com



Flowers Talk Tivoli

Mother/Daughter Planter Workshop

Wednesday, May 13, 6:30 pm

\$25 per person cost will be donated to Youville
Centre!

www.flowerstalktivoli.com



the urban element

Spring Pasta Cooking Class

with Chef Anna March

Tuesday, May 26, 6-9 pm

A percentage of registration sales
will go to Youville Centre!

www.theurbanelement.ca

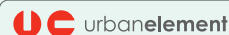


Photo by: Dwayne Brown for loveOttawa

Visit the loveOttawa blog to see how
Dwayne and Anita **#HelpYouvilleGrow!**

www.love-ottawa.com